



BLUES NEWS

Greetings and welcome to Blues News....

....our new IFNC communication to keep our members, players and supporters connected during the off season.

Since the 2022 season concluded there has been a lot of exciting happenings occurring around the Club. The Committee and Coaches have been busy! Read on for an update.

Committee

The Club's Annual General Meeting was held on 18 October. We are pleased to advise all members of the 2022 Committee recommitted and we also welcomed six new Committee members for the 2023 season.

Your Committee looks forward to connecting with current and new members of the Club in the lead up to the 2023 season.

President – Chris Cohalan

Senior Vice President – Leigh Lamprell

Junior Vice President – Rebecca Luckman

Secretary – David Rose

Treasurer – Kirsten Ward

General Committee members – Suzi Birthisel, Paul Byrne, Cindy Gould, Vickie Jeffrey, Sharna Lewis, Shasta Maher, Wendy Murphy, Tony Noonan, Graham Roberts, Nat Rodwell, Kristy Simpson

Save the Date!

2023 SEASON LAUNCH

**SUNDAY 12
FEBRUARY
10AM - 2PM**

**INGLEWOOD
COMMUNITY SPORTS
CENTRE**

**TRAINING SESSION
FOR ALL TEAMS**

**LUNCH & SOCIAL
GATHERING -
ALL WELCOME!**

**S2 SPORTS WILL BE
AVAILABLE TO
PRE-ORDER
BRANDED APPAREL**

Coaching Appointments

During November we were pleased to announce the 2023 coaching appointments.

Darrell Billett, Shaun Morgan and Leigh Lamprell were reappointed as Seniors Coach, Reserves Coach and Under 18s Coach respectively. All three are looking to build on the improvement we saw in all grades last season.

Joining Darrell as Seniors Assistant Coach is Fergus Payne, with Shay Hare joining Shaun as Co-Coach of the Reserves. Welcome Fergus and Shay.

Rebecca Luckman, Shasta Maher and Nat Rodwell have been re-appointed as coaches of the 15 & Under, 13 & Under and Minis respectively. We welcome Sharna Lewis, who has been appointed 17 & Under coach for 2023.

We wish Darrell, Fergus, Shaun, Shay, Leigh, Sharna, Rebecca, Shasta and Nat a successful 2023 season.

We need your help!

We are still actively recruiting for the position of Senior netball coach/es. If you are interested in the role, or know someone who may be, please make contact with our Netball Operations Managers, Shasta and Nat.

It is our objective to field A Grade and 17&U teams in 2023. Please spread the word within your networks as we are on the lookout for players in both grades.

Shasta Maher 0408 432 536

Nat Rodwell 0409 402 900

Football News

2023 Signings

If you follow our [Facebook page](#), you will have seen we are welcoming back many of our 2022 players, plus adding some exciting new talent in 2023.

Welcome back: Tom Alexander, Nathan Angelino, Cody Stobaus, Campbell Love, Charlie McGaw, Bregon Cotchett, Charlie Ingham, Luke Matheson, Cody Wright

Welcome to the Woodies: Sam Polack, Daniel 'Pup' Polack, Callum March, Fergus Payne, Darcy Hogan, Harry Moore, Sam Dorevitch

Pre-Season has commenced

Our senior players had their first pre-season session in last week. Led by Fergus, it was great to see the seniors take to the field at LaTrobe University. Future training sessions will be from 5.45pm to 6.45pm at LaTrobe University on Monday and Wednesday.

Senior coaches & players meet and greet

A social gathering will be held for senior coaches and players during mid December in Bendigo. The date is yet to be confirmed, however is likely to be either Friday 9 or 16 December.

Players - stay tuned for more details directly from Darrell and Fergus.

Netball News

New season, new dresses

We are excited to announce when the Woodies hit the court in 2023 it will be in new netball dresses, courtesy of grant funding from TAC.

Our 2022 players and coaches were presented with two designs and asked to choose their favourite. The decision was too close to call, so we have submitted both dresses to LVFNL for consideration.

Watch this space – the big reveal is coming soon!

Let's get fit-ted!

To ensure we order correct sizing for our players, we are hosting two special events:

Juniors – Dresses and Dinner

Tuesday 22 November from 5pm, Inglewood Community Sports Centre
Dress fitting and a fun training session, followed by dinner at the Club rooms

Seniors – Dresses and Drinks

Thursday 24 November from 6pm, Bendigo Bank Head Office, Bath Lane
Dress fitting, followed by a social drink at Hustler, Shop 11, Bendigo Bank precinct

Netballers, if you cannot make it to one of these sessions, please let Nat Rodwell know so we can make alternative arrangements. Orders will be placed by 1 December.

Twilight Netball

Our 13&U and 15&U teams have been competing in the Golden City Netball Association Twilight Competition. This is providing valuable experience and an opportunity to further develop skills and teamwork during the off season. It's been wonderful to see the sportsmanship and teamwork of the Woodies on display. Well done to all involved.

Keep up to date with the results and photos of the highlights on our [Facebook page](#).

IFNC Branded Apparel

Coming soon – new items in our apparel range!

All your favourites from the 2022 range are still available and we are also adding a rugby top, grey hoodie and long sleeve training top. We are exploring the options for a college/varsity styled letterman jacket, subject to demand. [View the new items](#) or the full [S2 range here](#).

On Monday 28 November S2 Sport will be attending the Senior footballers pre-season training at LaTrobe University from 5.30pm, followed by a visit to the Golden City netball courts to catch up with the Senior netballers at the conclusion of their trials.

In addition, S2 Sport will be attending the 2023 Season launch on 12 February where new and existing items can be ordered for delivery prior to the season commencing.



CONNECTION

Keeping in touch

Junior Facebook Group

Going forward we will be utilising a private Facebook group for the Junior club (football and netball). This will provide a communication channel for the Club and Coaches to communicate directly with parents/guardians and players regarding the latest news and events relevant to the Juniors. We encourage all families to join the group and keep connected.

Please note, to ensure a child safe environment, this group will be accessible to players and parents/guardians of players only.

We invite players, parents and guardians to join the 2023 Facebook Group now!
www.facebook.com/groups/ifncjuniors/

Keeping connected with all our families is important to us, so if you don't utilise Facebook, please let us know your communication preferences by completing [this form](#).

Summer Program

Over Summer we will be providing opportunities for our Junior members to get together socially. The objective is to promote fitness, friendship, fun and family. More information is available [here](#).

Get involved

We welcome new players, members and volunteers to our Club. Our purpose is:

'To facilitate a great day of family sport, provide a pathway for young people to become and stay involved in sport, and develop our people in a team environment.'

Be part of the next boom! Join us today!

If you would like further information, please contact us via our [Facebook page](#) or by emailing secretary.ifc@hotmail.com.